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## A Proposed Intramural Handbook for MacMurray College

Jerry E. Lace

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A PROPOSED  
INTRAMURAL HANDBOOK  
FOR MACMURRAY COLLEGE

Jerry E. Lace

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INTRAMURAL HANDBOOK  
FOR MACMURRAY COLLEGE

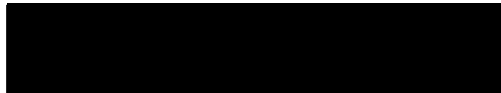
A Term Paper  
Presented in Physical Education 470  
Eastern Illinois University

In Partial Fulfillment of The  
Requirements For The Degree  
Master of Science in Education

by  
Jerry E. Lace  
July, 1961

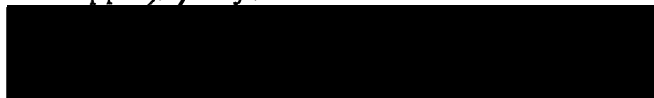
This paper has been approved as partial  
fulfillment of the requirements for the Degree  
Master of Science in Education.

Accepted by:



John B. Hodapp  
Instructor

Approved by:



John W. Masley  
Advisor

7/24/61

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## INTRODUCTION

An important part of a school's physical education curriculum deals with the promotion of a sound intramural program. The value of intramurals in higher education is emphasized in the Washington Conference Report on Intramural Sports for College Men and Women which states:

Sound intramural programs give all students an opportunity to enjoy satisfying experiences related to their particular needs, varying from the highly competitive type to those of noncompetitive and recreational nature. There are valuable outcomes which give immediate satisfactions and insure treasured memories in all types of activities. Participation in the intramural program can contribute to good mental health and social adjustment.<sup>1</sup>

In the fall of 1957, the Department of Physical Education for Men at MacMurray College, believing that an intramural program should be initiated, appointed Dr. Dan Unruh as Director of Intramurals. In the fall of 1958, the writer, was named to be his assistant in the promotion of a well rounded intramural program. The experience gained in this position made the writer realize the need for a more complete method of informing the students about the intramural program.

Because the director of intramurals and the writer spent considerable time answering and explaining questions about schedules, rules, rosters, eligibility, and many other areas, the writer believed a handbook would meet the needs of the students and the program more

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<sup>1</sup>Washington Conference Report, Intramural Sports for College Men and Women (Washington, D. C.: A.A.H.P.E.R., 1955), p. 4.

adequately. This type of a plan is in agreement with Voltmer and Lapp who state: "A small printed handbook is a good means of supplying information to students about the offerings and operation of the intramural department."<sup>2</sup>

Although MacMurray College does have an organized intramural program and a section in the MacMurray College Handbook, this book is not answering the question presented by the students participating in the program. This paper is designed to meet the need for an informative handbook that will adequately explain the intramural program at MacMurray College.

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<sup>2</sup>Carl D. Voltmer and Vernon W. Lapp, The Intramural Handbook (St. Louis: C. V. Mosby Company, 1949), p. 29.

## HISTORICAL BACKGROUND OF INTRAMURAL SPORTS AND ACTIVITIES

"Intramural activities, as employed in the modern American school, represent a very recent and fast-growing development."<sup>3</sup>

In the 1860's American colleges and universities borrowed English ideas for sports. Intramural activities, in these early days, were the most prominent where students banded together into sport clubs. As early as 1859 the undergraduates of Yale University divided themselves into boating clubs for competitive purposes. At Princeton, as early as 1865, there are records of baseball games which were intramural in nature. The "Caledonian Games," brought to America by the Scotch, were employed as intramural track and field meets at Princeton and Yale. The beginning of intercollegiate competition arose as students forgot their original intention of the clubs and began to seek competition with other schools and city teams.

Students were essentially in control of intramural athletics between 1900 and 1914. Since there was an emphasis on inter-school competition during this period, students who could not make varsity teams organized their own competition. The class unit was the most prominent when enrollments were small, with committees and officers doing most of the organizing. Soon after this, Greek organizations took over campus leadership in intramurals because of their more permanent nature of organization. It gradually became apparent to these

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<sup>3</sup>Louis E. Means, The Organization and Administration of Intramural Sports (St. Louis: C. V. Mosby Company, 1952), p. 9.



groups that there was a need for institutional control of the whole program.

Recognizing the need for control, universities and colleges began to develop a program through a director of intramural sports.

The University of Michigan and Ohio State University were the first to inaugurate the department of intramural athletics in 1913, each of these were under the direction of one man who was expected to administer the student demands in the leading sports of the day.<sup>4</sup>

Early professional associations supported the intramural idea. One was the American Association for the Advancement of Physical Education, organized in 1885, which is now called the American Association for Health, Physical Education, and Recreation. This organization was concerned with the recreational aspects of intramurals and appointed various committees to foster the intramural program. Another organization, formed in 1905, was the National Collegiate Athletic Association (N.C.A.A.). This organization dealt mainly with athletics, but it did have an important bearing on intramurals. The N.C.A.A. appointed a committee for "The Encouragement of Intracollegiate and Recreative Sports" in 1912. Garfield, referring to the report of this committee, which was released in 1913, stated:

The average annual expense in the New England Colleges for intercollegiate athletics is approximately 170 dollars per athlete, while only sixteen percent of the students participated; that the average for the country is fifty-nine dollars per athlete which seventeen percent of the total male students taking part.<sup>5</sup>

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<sup>4</sup>Ibid., p. 11.

<sup>5</sup>H. A. Garfield, "Athletics for All," Proceedings of the N.C.A.A., Volume 10 (December, 1915), p. 64.

He concluded his remarks with this statement:

The concern now should be to foster athletics for all, if for no other reason that it is the best way to find and develop the best players. But a far higher and better reason is that athletics for all may be made part of a sound educational program having for its object the training of citizens for a high order of citizenship in which each contributes of his best for the benefit of all, in which none is spectator and none a burden on the community.<sup>6</sup>

During the periods of World War I and II, drastic setbacks in intramurals occurred because many young men were drafted. After each war, there was a tremendous rejuvenation of intramural athletics. This resulted from the many coaches, who were inducted into military units, coming back to their jobs with new perspectives of the total athletic program.

As programs began to expand, new trends in intramurals were developed. At first it was common to talk about the number of participants; however, recent trends point toward obtaining more quality and closer supervision. Many schools request medical examinations, pre-tournament conditioning and skills to be taught to the students for greater enjoyment. Also, there is a trend toward adapted sports for the handicapped.

The middle 1930's left a profound influence on intramurals. During this period came a new emphasis on recreation as a valuable contribution to the wise use of leisure time and on sports of carryover value. Also during this time came rapid changes in industrialization, science and invention, pressure of labor unions, and periods of unemploy-

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<sup>6</sup>Ibid.

ment which brought about shorter working hours and more leisure time. This put a demand on education to provide activities that would meet the needs of the people. Intramurals and recreational programs have stepped forward and met this challenge teaching hobbies, sports, and recreational activities to the citizens.

Since the introduction of intramural programs, there have been many efforts to set standards for its improvement. A few educators suggest that interschool athletics should be eliminated, and that intramurals be substituted in order to allow all students to receive equal attention. It appears that both phases of activity are necessary. Interscholastic athletics serve those students who are highly skilled in physical activities, and intramurals serve the needs of the average skilled students. The emphasis of the program for the maximum welfare of the students should be one of equal concern.

Intramural sports must have a carefully integrated relationship to the total physical education program. The definitely graded, planned, and carefully supervised physical education program cannot be superseded by intramurals, but should be implemented and embellished by it.<sup>7</sup>

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<sup>7</sup>Ibid., p. 15.

## SUMMARY

The handbook, which the writer compiled, was constructed from various ideas gained through reviewing literature in textbooks pertaining to intramural handbooks and through studying intramural handbooks from various colleges and universities. These ideas were evaluated to determine those that would best be incorporated into a usable guide for intramurals at MacMurray College. The writer then used those ideas and compiled the "Handbook of Intramural Sports for Men, 1961-1962."

A handbook is a good medium through which to inform students of the various aspects of an intramural program. Most of the colleges and universities throughout the United States make use of intramural handbooks containing similar material but arranged in other ways.

Since this paper was written in the hope that it would be of some assistance to the Intramural Department of MacMurray College, it is the writer's suggestion that this handbook be published and distributed to every male student at MacMurray College as an intramural guide.

HANDBOOK OF INTRAMURAL SPORTS  
MACMURRAY COLLEGE

I. THE AIM AND OBJECTIVES OF THE PROGRAM

- A. The aim of the Intramural Sports Program is to provide an opportunity for every male student at MacMurray College to participate in some type of competitive sports activity as regularly as his interest, ability, and time will permit.
- B. The principal objectives of the program are:
  - 1. Recreation - To provide an opportunity for students to spend their leisure time in supervised, competitive activity.
  - 2. Social Contact - To provide an opportunity for students to meet and participate with other men of their own age from various sections of the country.
  - 3. Permanent Interest in Sports - To develop through satisfactory participation, an interest in a variety of sports that will remain with the student after leaving the campus.
  - 4. Group Spirit - To develop a feeling of belonging to a group by providing an opportunity for cooperation with others in a play situation.
  - 5. Physical Fitness - To provide an opportunity for students to develop a healthy body along with an alert mind. This includes the qualities of strength, endurance, agility, and coordination which promote inner confidence and self-assurance.

## II. INTRAMURAL SPORTS ADMINISTRATIVE PERSONNEL

Director of Athletics and Physical Education

William Wall

Directors of Intramurals

Dave Camione

Jerry Lace

Student Director

Dick Flynn

Intramural Council

Blackstock House  
Representative

Norris House  
Representative

Number Three House  
Representative

Harker House  
Representative

Team Managers

## III. INTRAMURAL COUNCIL

- A. The Intramural Council shall consist of five students, (One each elected by the four dormitories and the student director appointed by the Physical Education Department), and Directors of Intramurals.
- B. Responsibilities of the Intramural Council.
  1. To assist in the administration of the Intramural Sports Program with the goal of improvement of the program.
  2. To recommend policies and methods of organization.
  3. To meet upon request of the Intramural Department to settle any disputes not covered by the Handbook.

IV. INTRAMURAL DORMITORY MANAGERS

- A. The intramural dormitory manager will be elected by the student body in the spring of each year.
- B. Duties of the dormitory manager.
  - 1. Act as a connecting link between the Intramural Department and his dormitory.
  - 2. Enter teams and individuals in all sports sponsored by the Intramural Department before the closing date for entries.
  - 3. File a team roster for his dormitory before the closing date for entries; then keep his list up-to-date by the addition of new names on the eligibility list.
  - 4. Arrange practice sessions for his dormitory by contacting the Intramural Office and reserving the time, date, and place.
  - 5. See to it that his teams do not forfeit.
  - 6. Attend all scheduled meetings of the Intramural Council.
  - 7. Contact the Intramural Office frequently and check the individual and team records of his dormitory.
  - 8. The Intramural Handbook is the official organ of information and by following it closely a dormitory manager will be able to efficiently carry out his duties.
  - 9. Do all in his power to promote fair play and clean sportsmanship.
  - 10. Check on rule changes and variations.
- C. The manager whose dormitory finishes first in the All-Sports-Competition shall receive an award for his efforts.

V. ELIGIBILITY RULES

- A. All male undergraduate students registered at MacMurray College are eligible to enter any intramural activity conducted by the Intramural Department except as provided in

A. (Cont'd) the following rules.

1. Medical Rating - Students who have been placed on restricted Physical Education must receive written permission to participate from the Health Service.
2. Lettermen - Students who have received a varsity letter at MacMurray College or any other college or university shall not be eligible for participation in that sport or its related sport.
  - a. Related sports - Football and Touch Football  
Cross Country and Track  
Baseball and Softball
  - b. Students who have lettered in high school in the following sports shall not be eligible for intramural competition.
    - (1) Wrestling
    - (2) Tennis
    - (3) Golf
3. Professionals - Any student who has competed in a sport as a professional shall be barred from that sport and its related sport.
4. Assumed Name - Any player who competes in Intramurals under an assumed name shall be disqualified in that sport for the remainder of the season and his dorm shall lose all points scored in that sport toward the All-Sports-Trophy.
5. A student is not considered a member of a varsity squad if he drops, or is dropped before the first varsity contest.
6. Members of the freshman or varsity squads who become scholastically ineligible in any sport shall be ineligible in any allied intramural activity.
7. Dorm Regulations -
  - a. Resident students must play for the dormitory in which they reside.
  - b. In the event that non-resident students are unable to field a team composed of the minimum number of players, those students interested in participating may play on dormitory teams. However, not more than two non-resident students may play for each dormitory and they may not be on the same team.



- c. A student changing dorms during a sport season will not be eligible for intramural competition until the beginning of a new sport season.
- 8. Players, after entering one contest with a given team, may not transfer to another team during the same sport season.
- 9. To compete in a championship playoff, a team member must have played in a majority of his teams regularly scheduled games.
- B. In case there are any questions concerning rules of eligibility, they should be brought to the attention of the intramural department.

VI. HOW TO PARTICIPATE

- A. Any individual who desires to enter a team or himself in any of the activities sponsored by the Intramural Department should secure an entrance form from the Intramural dorm representative or from the Intramural Office.
- B. All entries are due three days prior to the week of scheduled competition.
- C. Any individual who is having difficulty organizing a team or finding a team to play with, may submit his name to the intramural dorm representative or Intramural office and he will be placed on a team.

VII. PRE-SEASON PRACTICE

- A. When time and facilities are available, practice sessions are allocated in all sports.
- B. To obtain reserved practice times, teams and individuals must apply at the Intramural Office.

#### VIII. NOTIFICATION AND PUBLICATION

- A. Leagues, schedules, and all pertinent information will be posted on the bulletin board located in Hardin Avenue Field House as well as on the bulletin boards of the dorms.
- B. Copies of the Intramural Handbook will be furnished to all men of MacMurray College.
- C. The campus newspaper (Highland Times) will carry results of important happenings of the intramural program.
- D. All students and intramural managers are urged to check the bulletin board daily.

#### IX. EQUIPMENT

- A. Students are expected to furnish their own personal equipment for intramural competition.
- B. Equipment belonging to the Varsity Athletic Teams is forbidden to be used and use of such equipment will result in a forfeit.
- C. Equipment may be checked out for practice from the Intramural Office.
- D. The Intramural Department will furnish necessary equipment to complete a regularly scheduled contest with the exceptions of golf balls and tennis balls.

#### X. OFFICIALS

- A. The intramural office will assign officials to all regularly scheduled contests.
- B. Officials assigned to the contest will have general supervision and control before, during, and after the contest.

- C. Each team will be responsible for providing one man to help with the scoring and timing of the contest.
- D. Duties of the officials.
  - 1. To check in at the Intramural Office before each assigned contest.
  - 2. To check out all game equipment.
- E. Anyone interested in officiating intramural contests are urged to leave their name with the Intramural Office.

#### XI. POSTPONEMENTS

- A. No regularly scheduled games may be postponed without the consent of the Intramural Department.
  - 1. Teams are warned not to accept notification of postponement from anyone except the Student Director or the Intramural Director.
  - 2. Teams agreeing to a postponement without the department's consent are both liable to a penalty of a forfeit.
- B. Any request for postponement must be submitted to the Intramural Office twenty-four hours in advance of the scheduled contest.
- C. Postponed contest will be re-scheduled through the Intramural Office.
- D. In the event of inclement weather, it shall be the responsibility of each team captain or manager to contact the Intramural Office for the purpose of obtaining the official decision concerning the playing of the contest.

## XII. FORFEITS

- A. If a team or contestant fails to appear at the scheduled place within ten minutes after the scheduled time for a contest, the official shall declare the contest forfeited to the team or contestant ready to play.
- B. A team automatically forfeits any contest in which it uses an ineligible man, and the ineligible player is barred from competition in that sport for the rest of the season.
- C. Any team that forfeits one-fourth of the total number of games to be played during a sports season shall be dropped from that sport.
- D. In case a team or man forfeits a game, that team or man shall forfeit points as outlined in the point system toward the inter-dorm competition.
- E. A game will be declared a forfeit if any varsity athletic apparel is used by a member of an intramural team.
- F. Forfeited contests will not be re-scheduled.

## XIII. PROTESTS

- A. All protests must be made in writing to the Intramural Office within twenty-four hours after the contest in question.
- B. The team captain must indicate, at the time of the infraction, that his team is playing the remainder of the game under protest.
- C. Both contestants and officials in charge shall be permitted to present their versions of the case before a decision is made.

- D. Games in which a protest is sustained will be replayed from the previous division of the point in question.
- E. Any decision of an official which involves judgment and not an error in the interpretation of a rule will not be open to protest.
- F. The Intramural Council will act on all protests.

XIV. AWARDS

- A. A traveling trophy will be awarded to the dormitory which accumulates the most points in all sports throughout the year. This trophy becomes permanent possession of the dormitory that wins the trophy three times.
- B. Trophies are awarded to each member of the two top teams in each team sport. Awards will be made to a regulation number of team members plus two.
- C. Trophies will be awarded to the first and second place finishers in each of the individual sports.
- D. A traveling trophy will be awarded to the dorm winning the annual swimming meet, a traveling trophy will also be awarded to the dorm winning the annual wrestling meet.

XV. AMENDING INTRAMURAL RULES - The intramural rules may only be amended at the spring meeting of the Intramural Council by a majority vote of the members.

# XVI. ALL SPORTS SCORING SYSTEM

## A. CLASS I

1. Football
2. Basketball
3. Softball
4. Volleyball

### a. Scoring of points.

- |  |     |
|--|-----|
| (1) For organizing a team                  | 15  |
| (2) For each game won                      | 5   |
| (3) For each forfeit                       | -10 |
| (4) For first place finish in league play  | 10  |
| (5) For second place finish in league play | 5   |

- b. For winning campus championship, second and third place teams will receive 25, 15, and 5 points respectively.

## B. CLASS II

1. Track
2. Wrestling
3. Golf
4. Bike Race
5. Swimming

### a. Scoring of points.

- |  |    |
|--|----|
| (1) For entering a team (1 team per dormitory) | 15 |
| (2) Plus all meet points                       |    |

- b. For winning campus championship, second and third place, teams will receive 25, 15, and 5 points respectively.

## C. CLASS III

1. Badminton
2. Table Tennis
3. Handball
4. Tennis
5. Archery

## a. Scoring of points.

- |                             |    |
|-----------------------------|----|
| (1) For each player entered | 1  |
| (2) For each contest won    | 2  |
| (3) For each forfeit        | -3 |

## b. For winning campus championship, second and third place, dorms will receive 15, 10, and 5 points respectively.

## c. A maximum of 35 points is all a dorm may receive for entering points.

RECORDS AND RESULTSALL SPORTS STANDINGS  
1960-1961

EVENT	BLACKSTOCK	HARKER	NORRIS
Archery	10	47	84
Football	130	180	175
Tennis	52	44	135
Volleyball	85	92	92
Basketball	325	135	270
Free Throw	15	-57	-38
Wrestling	77	117	44
Ping Pong	113	96	208
Bowling	-41	-65	0
Badminton	98	114	73
Softball	125	90	225
Swimming	52½	66	42½
Golf	43	3	11
Horseshoes	108	20	96
TOTAL	1192½	882	1417½

RESULTS

## FOOTBALL

1st Place  
Harker House

P. Collins  
 B. Menz  
 R. Fleming  
 G. Bass  
 J. Stout  
 A. Anderson  
 J. Sharp  
 J. Boscardin  
 W. Brown  
 T. Taubert  
 B. Blume

2nd Place  
Harker House

T. Imming  
 D. Becker  
 P. Lockwood  
 D. Allison  
 R. Cassidy  
 S. Swan  
 B. Block  
 J. Pakula  
 R. Bonner  
 J. Roszell



## BASKETBALL

1st Place  
Norris House

D. McWhorter  
G. Wendlandt  
J. Koenig  
L. Blair  
C. Bradley  
B. Anderson  
G. Bass

2nd Place  
Blackstock House

B. Bovinette  
J. Smith  
B. Osler  
J. Chipman  
D. Nafziger  
T. Clarke  
B. Koeller

## SOFTBALL

Norris House

D. McCarty  
B. Windels  
L. Blair  
M. Irvin  
C. Mau  
C. Bradley  
T. Spivey  
C. Johnson  
J. Collins

Harker House

J. Roszell  
L. McClimans  
G. Leckie  
J. Hollis  
Fabisak  
Bonner  
B. Kneebone  
L. Harnley  
Davison  
Marshall  
Dennis  
Wingarter

## VOLLEYBALL

Norris House

N. Mitrovich  
Vesper  
H. Schwartz  
Inslee  
L. Orr  
L. Blair  
C. Bradley  
D. McWhorter

Harker House

D. Becker  
Suarm  
Allen  
Cassidy  
Block  
Burns

## TENNIS

M. Fry (N)

W. Myers (N)

## ARCHERY

1st Place	2nd Place
G. Kinnett (N)	J. Pearson (N)

## TABLE TENNIS

C. Chau (N)	J. Pearson (N)
-------------	----------------

## FREE THROWS

D. Nafziger (B)	Braden (B)
-----------------	------------

## WRESTLING

Harker House	Blackstock House
--------------	------------------

## Individual Winners

Weight	Winner
115	Chau (N)
123	Seitler (H)
130	Moore (H)
137	Albaum (B)
147	Cobb (H)
157	Stout (H)
167	Price (N)
177	Osler (B)
191	Menz (H)
Hwt	Gerhardt (B)

## BADMINTON

R. Johnson (B)	R. Price (N)
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## BOWLING

W. Myers (N)	S. Burnett (B)
--------------	----------------

## GOLF

D. Nelson (B)	D. Nafziger (B)
---------------	-----------------

## HORSESHOES

T. Flynn (H)	T. Jones (H)
--------------	--------------

## SWIMMING

1st Place  
Harker House

2nd Place  
Blackstock House

## Individual Winners

Event	Winner
2 lap Backstroke	D. Waters (B)
4 lap relay (freestyle)	Harker House Plant Zoopot Swan Roszell
4 lap freestyle	J. Roszell (H)
2 lap breaststroke	C. Chau (N)
8 lap relay (freestyle)	Blackstock House Walker Seymour Velde Bohling Johnson (N) Block (H)
4 lap walk race	Harker House O'Brien Swan Wingerter Roszell
8 lap medley relay	Norris House
11 lap relay freestyle	

## THE FUTURE

As the 1961-1962 school year begins, all MacMurray men are starting together. At present all teams have an equal opportunity of winning the intramural trophy. However, the teams which put forth the most effort will emerge as the champions. Will you help your team win? Will you win one of the individual sports? The trophies have already arrived and are waiting for the winners to claim them. Remember that to win a man must first participate.

Win or lose, we hope that the year's participation proves beneficial to both you and your dormitory. If, while participating to win, each dormitory is united into a closer unit and MacMurray develops

a greater college spirit, we are certain that the intramural program has helped to build both man and college.

# INTRAMURAL SPORTS CALENDAR 1961-1962

<u>Fall Season</u>	<u>Tentative Month</u>
Touch Football	Sept-Oct-Nov
Golf	Sept
Archery	Oct-Nov
Wrestling	Nov
Tennis	Oct-Nov
Volleyball	Oct-Nov
Bike Race	Founder's Day
<u>Winter Season</u>	
Basketball	Dec-Jan-Feb
Table Tennis	Dec-Jan-Feb
Swimming	Jan
<u>Spring Season</u>	
Badminton	March
Softball	April-May
Track	May
Handball	March

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